

# Adverse Childhood Experiences (ACEs)

Stressful events occurring during childhood that directly affect a child (e.g. child maltreatment) or affect the environment in which they live (e.g. growing up in a house where there is domestic violence)

## How many adults in England have suffered each ACE?

### CHILD MALTREATMENT



Verbal abuse  
18%



Physical abuse  
15%



Sexual abuse  
6%

### CHILDHOOD HOUSEHOLD INCLUDED



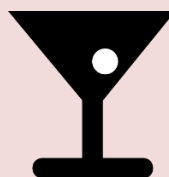
Parental  
separation  
24%



Domestic  
violence  
13%



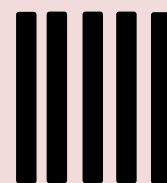
Mental  
illness  
12%



Alcohol  
abuse  
10%



Drug  
use  
4%



Incarceration  
4%

For every 100 adults in England 48 have suffered at least one ACE during their childhood and 9 have suffered 4 or more



0 ACEs 52%

1 ACEs 23%

2-3 ACEs 16%

4+ ACEs 9%



*Figures based on population adjusted prevalence in adults aged 18-69 years in England*

Source: National household survey of adverse childhood experiences and their relationship with resilience to health-harming behaviors in England

Bellis MA, Hughes K, Leckenby N, Perkins C, Lowey H. *BMC Medicine* 2014, 12:72